

Medicine Cabinet

Spring is a good time to clean out the medicine cabinet. Try to do it at the same time every year.

- Check for the expiration date(s) on all medicines and over the counter drugs.
- Throw away medicines which are past the expiration date.
- Follow the directions given by the doctor or pharmacist when taking antibiotics being sure to finish the prescription even if you start to feel better.



For Safety:

- Keep medications locked up or well out of the reach of children.

Medication Disposal:

- Take leftover medications out of their original container, put them in a small plastic bag,
- Add a little water, some coffee grounds or kitty litter,
- Seal the baggie and throw it in the trash out of the reach of small children and pets.

If you suspect a poisoning, don't take a chance.

Call 1-800-222-1222

Wisconsin
Poison Center

Serving people of all ages.